

# Spirituality & the Arts

2017 Renewal Series  
MorningStar Renewal Center

Some people think of spirituality as something only connected to prayer, meditation, or what you get from your religion. The reality is that spirituality is intertwined in every part of life and it is there to be discovered!

If you consider yourself a creative person (or even if you don't), you can use the arts to both explore your spirituality and your beliefs, and to express them. Try various exercises to work on your own spiritual growth. It will enhance and deepen your journey.

**The benefit of practicing art in any form, enables one's soul to grow.**

**Join us through the year! Registration for each class is Required.**

- February 8<sup>th</sup> → Icons: A Window into the Divine
- March 16<sup>th</sup> → Paint Night (Ladies Nite!!!): God's Palette and You
- April 19<sup>th</sup> → Photography: Praying through a New Lens
- May 17<sup>th</sup> → Poetry and Music: Exploring Poetry in the Spiritual Journey
- September 13<sup>th</sup> → Drawing your Prayer
- October 5<sup>th</sup> → An Evening with Priest and Artist Fr. David Russell
- November 8<sup>th</sup> → Dance / Movement: "Can I Have this Dance" God's Invitation to More!
- December 6<sup>th</sup> → Drama: Experiencing God's Story



Call to reserve your spot or to have more information:

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